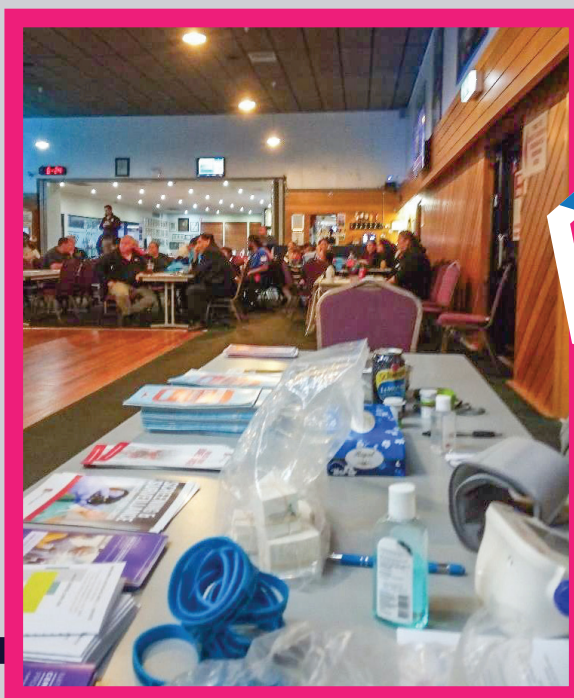


Rural & Remote Community Mental Health & Wellbeing Project 2019

Over the last 5 years the Murdi Paaki Regional Rugby League Council has been a partner in the delivery of mental wellbeing programs that address issues of disengagement within the community and provides mental wellbeing education programs to support individuals who maybe dealing with depression or isolation. While seated and eating dinner the special guest will be introduced and give a talk on their career and life with the ups and downs that they have faced, this will be followed with a Q & A session.

Each Community Engagement dinner is intended to bring people together from the wider community and give them an opportunity to engage and share their stories. By having a community dinner including a high-profile guest speaker it will encourage and entice all members of each community to attend. These events are to engage the community and stimulate discussion around health issues that are affecting the community.

The Rural and Remote Community Mental Health and Wellbeing Project held in Brewarrina was very well attended by service providers and over 40 community members. BAMS staff distributed information packs on mental health, suicide prevention awareness and SEWB services provided at the Brewarrina AMS.



Walgett Aboriginal Medical Service Limited t/A

BREWARRINA ABORIGINAL MEDICAL SERVICE

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